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**Federal State Autonomous Educational Institution of Higher Education  
Peoples' Friendship University of Russia named after Patrice Lumumba**

**RUDN University**

**Engineering Academy**

(the name of the main department)

**PROGRAMM**

**Forming of a Psychologically Comfortable and Safe Educational Environment**

(Discipline)

The program track

**44.04.02 Pedagogy and Psychology**

(code and name of the track)

**Pedagogy in Engineering**

(name of the profile of the EP VO)

Form of study: **full-time**

## 1. The aim

Целью освоения дисциплины является получение знаний, умений, навыков у участников образовательного процесса, способствующих успешному преодолению эмоциональных нагрузок и психологического дискомфорта возникающих разнообразных жизненных ситуациях и тормозящих развитие личности, а также умение их минимизировать.

## 2. Requirements to the outcome of the course

The following competences are formed in the study process:

Таблица 2.1. The list of competencies formed by students in the development of the discipline (the results of mastering the discipline)

Competency Code	Name of competence	Indicators of competence achievement (within the framework of this discipline)
GPC-6	Able to design and use effective psychological and pedagogical, including inclusive, technologies in professional activities necessary for the individualization of training, development, education of students with special educational needs	GPC-6.1. Competently owns the psychological and pedagogical technologies necessary for the individualization of training, development, education of students with special educational needs GPC -6.2. Demonstrates the skills of owning inclusive technologies necessary for the individualization of learning, development, education of students with special educational needs

## 3. Place of the course in the structure of GEP

Discipline refers to the part of the curriculum formed by participants in educational relations.

Within the framework of the EP HE, students also master other disciplines and undergo internships that contribute to the achievement of the planned results of mastering the discipline.

Таблица 3.1. The list of components of the EP HE that contribute to the achievement of the planned results of mastering the discipline

Competency Code	Name of competence	Previous disciplines/practices*	Follow-up disciplines/practices*
GPC-6	Able to design and use effective psychological and pedagogical, including inclusive, technologies in professional activities necessary for the individualization of training, development, education of students with special educational needs	Psychological and pedagogical technologies in education	Formation of a psychologically comfortable and safe educational environment Preparation for passing and passing the state exam Execution, preparation for the defense procedure and defense of the final qualification work

\* - in accordance with the matrix of competencies and the SUP EP VO

## 4. Workload of the course and forms of study work

General workload of the course 3 Credits..

Table 4.1. Form of study work of EP HE

Type of educational work	Total, h.	Semester
		3
<i>Class hours (total)</i>	36	36
Including:		
Lectures (Lc)	18	18

Laboratory classes (LC)		
Seminars (S)	18	18
Control		
<i>Autonomous work (AW), hr</i>	72	72
<b>In total</b>	Hr.	108
	credits	3

## 5. Content of the course

Table 5.1. Content of the course

The name of the section of the discipline	Content of the section (topic)	Types of educational work*
Section 1 Educational Environment (OS) and Educational Space	Typology of the educational environment. Models of the educational environment. Characteristics of the educational environment. The structure of the educational environment. Theories of environmental determination. Environmental approach in pedagogy. Modality of the educational environment.	LC, SM, AW
Section 2 Risks and threats to the psychological safety of the educational environment. Categories of the concept of psychological safety of the educational environment.	Classification of psychological hazards in the educational environment. Characteristics of the conditions of training and education from the point of view of their psychological safety. Prevention and resolution of developmental problems as a condition for psychological safety. The concept and types of bullying. Features of an interview with a child who has experienced violence. Diagnostic complexes for assessing child abuse. The concept of primary, secondary and tertiary prevention of violence. General principles and examples of primary prevention programs for child abuse. General principles and examples of secondary prevention programs for child abuse. General principles and examples of tertiary prevention programs for child abuse	LC, SM, AW
Section 3 Diagnostics and monitoring of the psychological safety of the educational environment.	The concept of psychological examination. Subjective and objective safety indicators. Possibilities of expert assessment and psychodiagnostic testing. Indicators of mental health of participants in the educational environment and their relationship with the level of its psychological safety.	LC, SM, AW
Section 4 Theoretical foundations of modeling and design of psychological safety educational environment. Technologies for safe interaction in the educational environment	Rules for organizing the process of secure interaction. Creating a favorable psychological climate. Psychological techniques for self-help and safe interaction with others. Interpersonal attraction. Techniques for the formation of attraction. Techniques for reducing neuropsychic stress and increasing the ability to self-regulation. Listening and speaking techniques.	LC, SM, AW
Section 5 Psychological support for the formation of psychological safety of the educational environment	The concept of psychological examination. Criteria for assessing the safety of the educational environment: an integral indicator of attitude to the environment; psychological safety index; satisfaction index. The specificity of the main psycho technologies in the creation of psychological safety	LC, SM AW

\* - LC – lecture, LR – laboratory work, SM – seminars; AW – Autonomous work

## 6. Technical Support Requirements

Table 6.1. Technical Support Requirements

A type of a	Technical Support Requirements	Special equipment, software
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classroom		
For lectures	An auditorium for lecture-type classes, equipped with a set of specialized furniture; board (screen) and technical means of multimedia presentations	Technical means: projector Epson EH-TW5300 (LCD, 1080p 1920 x 1080, 2200Lm, 35000:1, 2 x HDMI, MHL, экран Draper Baronet NTSC (3:4) 244/96(8) 152*203 MW
For seminars	Auditorium for seminar-type classes, group and individual consultations, current control and intermediate certification, equipped with a set of specialized furniture and technical means of multimedia presentations	Computer class; technical equipment: personal computers, projection screen, multimedia projector, NEC NP-V302XG, Internet access. Software: Microsoft products (OS, office suite, incl. MS Office/Office 365, Teams, Skype), Autodesk AutoCAD 2021, Autodesk AutoCAD 2021 (English language.), Autodesk Inventor 2021, Autodesk Revit 2021, ArchiCAD 23 (free tutorial versions)
For autonomous work	Auditorium for independent work of students (can be used for seminars and consultations), equipped with a set of specialized furniture and computers with access to the EIOS	Computer class; technical equipment: personal computers, projection screen, multimedia projector, NEC NP-V302XG, Internet access. Software: Microsoft products (OS, office suite, including MS Office/Office 365, Teams, Skype), Autodesk AutoCAD 2021, Autodesk AutoCAD 2021 (English), Autodesk Inventor 2021, Autodesk Revit 2021, ArchiCAD 23 (Free Tutorial Versions)

## 7. EDUCATIONAL, METHODOLOGICAL AND INFORMATION SUPPORT OF THE DISCIPLINE

### *Main literature:*

1. Martyushov V.F. Social adaptation and danger of risk // New in psychological and pedagogical research: Theoretical and practical problems of psychology and pedagogy. - 2012. - №4. - P. 45 - 52.
2. Kovalenko I.V. Pedagogical psychology: educational and methodological complex - Electronic text data. - M. : RUDN, 2015. - 78 p. : ill. - ISBN 978-5-209-06937-9 : 106.92.p.
3. Kudinov S.I. Study of emotional burnout among teachers with different levels of responsibility / Kudinov, I.V. Sedova // Bulletin of the Peoples' Friendship University of Russia: Psychology and Pedagogy. - 2014. - №4. - P. 34 - 39.

### *Further reading:*

1. Lidak L. C. Formation of a culture of a healthy lifestyle of students in the developing environment of the university Bulletin of the Pyatigorsk State Linguistic University. - 2015. - No 4. - 275 - 280. - ISSN 2071-6001..
2. Palatkina G.V. Formation of national identity of adolescents in the multicultural environment of the school / Palatkina, I.S. Sivova, A.S. Dzhangazieva // Bulletin of Pyatigorsk State University. - 2017. - № 4. - P. 233-235. - ISSN 2542-0747..
3. Kameneva G.N. On the issue of studying shyness in the context of intercultural adaptation of students / Kameneva, M. Radoev // Bulletin of the Russian University of Peoples' Friendship: Psychology and Pedagogy. - 2016. - № 3. - P. 70 - 79..

### *Electronic library systems:*

1) The electronic library system (ELS) of RUDN University and third-party EBS, to which university students have access on the basis of concluded contracts:

- ELS RUDN <http://lib.rudn.ru/MegaPro/Web>
- ELS «University Library Online» <http://www.biblioclub.ru>
- ELS «Юрайт» <http://www.biblio-online.ru>
- ELS «Student Advisor» [www.studentlibrary.ru](http://www.studentlibrary.ru)
- ELS «Лань» <http://e.lanbook.com/>
- ELS «Троицкий мост»

2) Databases and browsers:

- Electronic fund of legal and normative-technical documentation <http://docs.cntd.ru/>
- Yandex search <https://www.yandex.ru/>
- Google search <https://www.google.ru/>

- Abstract database SCOPUS <http://www.elsevierscience.ru/products/scopus/>
- 3) Websites of relevant ministries and departments:
  - <https://www.mos.ru/mka/>
  - <http://www.minstroyrf.ru/>
- 1. Access for the materials of the project "Prevention of Violence and Abuse": [http://centerlado.ru/biblioteka\\_3/metodicheskie\\_materialy\\_po\\_profilaktike\\_zhestokogo\\_obrascheni/](http://centerlado.ru/biblioteka_3/metodicheskie_materialy_po_profilaktike_zhestokogo_obrascheni/)
- 2. Access for the materials of the project "School Conciliation Services (Mediation)": [http://centerlado.ru/biblioteka\\_3/shkolnaya-mediaciya/](http://centerlado.ru/biblioteka_3/shkolnaya-mediaciya/)

*Educational and methodological materials for independent work of students in the development of the discipline\*:*

A course of lectures on the discipline.

Materials for assessing the level of mastering the educational material of the discipline (assessment materials), including a list of competencies indicating the stages of their formation, a description of indicators and criteria for assessing competencies at various stages of their formation, a description of assessment scales, standard control tasks or other materials necessary for assessment knowledge, abilities, skills and (or) experience of activity, characterizing the stages of the formation of competencies in the process of mastering the educational program, the methodological materials defining the procedures for assessing knowledge, skills, skills and (or) experience of the activity, characterizing the stages of the formation of competencies, are developed in full and are available for students on the discipline page in the TUIS RUDN University

\* - all educational and teaching materials for independent work of students are placed in accordance with the current procedure on the discipline page in the telecommunication educational and information system (TUIS) of RUDN University

## **7. Assessment system**

Assessment materials and a point-rating system\* for assessing the level of formation of competencies (part of competencies) based on the results of mastering the discipline are presented in the Appendix to the Work Program of the discipline.

\* - OM and SRS are formed on the basis of the requirements of the relevant local regulatory act of the RUDN University

### **Educational designer:**

Associate Professor, Department of Innovation Management in industries, Ph.D  
I.I.Shatalova

### **Director of innovation management in industries department:**

Director of Innovation Management Department in industries, Ph.D., Senior Researcher.

O.Je. Samusenko

### **Head of the EP HE:**

Associate Professor, Department of Innovation Management in industries, Ph.D., associate professor

Ju.A. Nazarova