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**PEOPLES' FRIENDSHIP UNIVERSITY OF RUSSIA
NAMED AFTER PATRICE LUMUMBA**

Institute of Environmental Engineering

educational division (faculty/institute/academy) as higher education programme developer

COURSE SYLLABUS

Psychology of Environmental Perception and Emotions

course title

Recommended by the Didactic Council for the Education Field of:

44.04.02 Psychological and Pedagogical Education

field of studies / speciality code and title

The course instruction is implemented within the professional education programme of higher education:

Environmental Pedagogy

higher education programme profile/specialisation title

Moscow, 2024

1. Course Aims and Objectives

The aim of the course: to introduce students to the main trends of Psychology of Environmental Perception and Emotions, ways and mechanisms of interaction with the environment, knowledge which is necessary for a practicing psychologist using environmental programs in educational institutions.

Objectives:

- introduce the concepts of “noospheric consciousness”, structural components of environmental consciousness, peculiarities of the development of environmental consciousness of an individual and the main areas of work of an ecopsychologist;
- examine the influence of the environment on human experiences, emotions and well-being.

2. Course in the Higher Education Programme Structure

The course «**Psychology of Environmental Perception and Emotions**» refers to the optional disciplines.

Table 1. Previous and subsequent courses aimed at building up competences

Nr.	Competence code and title	Previous courses	Subsequent courses
General competences			
1	GC-6 Able to identify and implement the priorities of their own activities and ways to improve it based on self-esteem.	Psychology of Environmental Behaviour	-
General professional competences			
2	GPC-4 Able to create and implement the conditions and principles of spiritual and moral education of students on the basis of basic national values. GPC-8 Able to arrange pedagogical activities based on special scientific knowledge and research results.	Psychology of Environmental Behaviour	-
Specialized professional competences			
3	SPC-2 Able to design and implement the educational process in the natural sciences under the programs of basic general, secondary general education and additional, including vocational education.	Psychology of Environmental Behaviour	-

3. Requirements to Learning Outcomes

The course is aimed at building up and enhancing the following competences:

General competence – 6. Able to identify and implement the priorities of their own activities and ways to improve it based on self-esteem.

General professional competence – 4. Able to create and implement the conditions and principles of spiritual and moral education of students on the basis of basic national values.

General professional competence – 8. Able to arrange pedagogical activities based on special scientific knowledge and research results.

Specialized professional competence – 2. Able to design and implement the educational process in the natural sciences under the programs of basic general, secondary general education and additional, including vocational education.

On completion of the Course the student:

Knows:

- psychological principles of the development and correction of environmental consciousness;
- the basics of psychological training to influence the environmental consciousness.

Can:

- use knowledge of the patterns of interaction of the society with the natural environment in practical activities;
- when providing psychological assistance to students to shape their environmental consciousness, aimed at harmonization of human relations with the natural environment;
- apply the psychological principles of correction and formation of environmental consciousness.

Masters:

- skills of working with educational and methodical literature;
- work planning skills;
- the basics of theoretical knowledge on the Psychology of Environmental Perception and Emotions.

4. Course Workload and Academic Activities

The course workload of «Psychology of Environmental Perception and Emotions» is 4 credits.

Table 4.1. Course workload and academic activities

Types of academic activities	Total hours	Semesters			
		1	2	3	4
Contact academic hours					
Including:					
<i>Lectures</i>	17			17	
<i>Seminars (workshops/tutorials)</i>	17			17	
<i>Lab works</i>					
<i>Self-study</i>	74			74	
Evaluation and assessment (exam; pass/fail grading)	36 pass/fail grading			36	
Total course workload	hours	144		144	
	credits	4		4	

5. Course contents

Table 5.1 Course modules and contents

course modules	topics
1. Environmental perception and cognition.	Environmental Perception. Environmental Values and Attitudes. Personal Space. Subjective Risk Judgments. Risk, Values, and Morality. Morality and Ethics. Emotional Reactions to Environmental Risks.
2. Environmental stress.	Environmental Stress Theories. Environmental Changes and Stress. Conceptualizations of Stress. Stress As Cause and Effect. Physiology Of Stress. Effects of Environmental Stress. Noise. Crowding. Poor Housing. Poor Neighborhood Quality. Traffic congestion. General Adaptation Syndrome. Researching Stress: The Environmental Context. Measuring Stressors. Measuring Stress: Psychological Assessment.

6. Classroom equipment and technology support requirements

Table 6.1 Classroom equipment and technology support requirements

Classroom for Academic Activity Type	Classroom equipment	Specialized educational/laboratory equipment and materials for mastering the module
Lecture hall (room)		
Laboratory		
Seminar room	Classroom, equipped with a set of specialized furniture; a whiteboard; a personal computer with a standard package of office programmes; a set of devices includes portable multimedia projector, laptop, projection screen, Stable wireless Internet connection. Software: Microsoft Windows, MS Office / Office 365, MS Teams, Chrome (latest stable release), Skype	
Computer lab		
For students' self-study		

7. Resources recommended for course studies

Main reading

Maklakov A.G. General Psychology: textbook for universities / A.G. Maklakov. - St. Petersburg, 2012. – 583 p.

Additional reading

1. Glebov V.V. Environmental psychology. - Moscow: RUDN University, 2008.- 243 p.
2. Deryabo S.D., Yasvin V.A. Environmental Pedagogy and Psychology. - Rostov-on-Don, 1996. – 480 p.
3. Medvedev V.I., Aldasheva A.A. Environmental Consciousness: A Study Guide for universities - Moscow: Logos, 2001 – 376 p.

5. Environmental psychology. - Moscow: Publishing house RUDN University, 2000. - 36 p.
6. Ecopsychology, ecopedagogy, ecoacmeology: educational and methodological complex: Tutorial. Part 2. - Moscow: Publishing House RUDN University, 2011. -226 p.
7. Yasvin V.A. Psychology of attitude to nature: Monograph – Moscow, 2000. - 456 p.

Internet-based sources

Electronic libraries with access for RUDN students

Education and society [Electronic resource]: Scientific, informational–analytical journal for researchers and organizers of the education system. – URL: <http://www.jeducation.ru:80> .

Educational issues [Electronic resource]: Scientific and educational journal Higher School of Economics. – URL: <http://vo.hse.ru>

Pedagogy [Electronic resource]: scientific and theoretical journal. – URL: <http://pedagogika-rao.ru>

Pedagogy [Electronic resource]: Scientific and theoretical journal of the Russian academy of education. – URL: <http://pedagogika-rao.ru/> .

Public education [Electronic resource]: Social and pedagogical magazine. – URL: http://elibrary.ru/title_about.asp?id=7908 .

8. Assessment toolkit and grading system* for evaluation of students' competences level upon course completion

The assessment toolkit and the grading system* to evaluate the competences formation level (competences in part) upon the course study completion are specified in the Appendix to the course syllabus. * The assessment toolkit and the grading system are formed on the basis of the requirements of the relevant local normative act of RUDN University (regulations / order).

ASSESSMENT TOOLKIT

for the course

Psychology of Environmental Perception and Emotions

course title

44.04.02 Psychological and Pedagogical Education

field of studies / speciality code and title

Environmental Pedagogy

higher education programme profile/specialisation title

Master

graduate's qualification (degree)

Passport to Assessment Toolkit for Course

Field of studies: 44.04.02 “Psychological and Pedagogical Education”

Course: PSYCHOLOGY OF ENVIRONMENTAL PERCEPTION AND EMOTIONS

12.1. Competences under evaluation and assessment tools

Competences under assessment	Course module under assessment	Tools to assess higher education programme mastering level					Points for module
		Classwork			Self-studies	Exam	
		Test	Control work	Class work	Seminar report		
UC-6 GPC-4,8 SPC-2	1. Environmental perception and cognition.	10		15	15		30
UC-6 GPC-4,8 SPC-2	2. Environmental stress.	10		15	15		30
	Pass/fail grading	20	10	30	30	10	100

12.2 The maximum number of credits in the course is 3.

Assessment & Grading System

Total points	Final assessment	Number of credits
95-100	5	3
86 – 94	5 (B)	3
69-85	4 (C)	2
61-68	3+ (D)	1
51 – 60	3 (E)	1
31 – 50	2 (FX)	0
<30	2 (F)	0

12.3 Previous and subsequent courses aimed at building up competences

Nr.	Competence code and title	Previous courses	Subsequent courses
General competences			
1	GC-6 Able to identify and implement the priorities of their own	Psychology of Environmental Behaviour	-

	activities and ways to improve it based on self-esteem.		
General professional competences			
2	<p>GPC-4 Able to create and implement the conditions and principles of spiritual and moral education of students on the basis of basic national values.</p> <p>GPC-8 Able to arrange pedagogical activities based on special scientific knowledge and research results.</p>	Psychology of Environmental Behaviour	-
Specialized professional competences			
3	SPC-2 Able to design and implement the educational process in the natural sciences under the programs of basic general, secondary general education and additional, including vocational education.	Psychology of Environmental Behaviour	-

12.4 Exam questions

1. Environmental Perception.
2. Environmental Values and Attitudes.
3. Personal Space.
4. Subjective Risk Judgments.
5. Risk, Values, and Morality.
6. Morality and Ethics.
7. Emotional Reactions to Environmental Risks.
8. Environmental Stress Theories.
9. Environmental Changes and Stress.
10. Conceptualizations of Stress.
11. Stress As Cause and Effect.
12. Physiology of Stress.
13. Effects of Environmental Stress.
14. Noise.
15. Crowding.
16. Poor Housing.
17. Poor Neighborhood Quality.
18. Traffic Congestion.
19. General Adaptation Syndrome.
20. Researching Stress: The Environmental Context.
21. Measuring Stressors.
22. Measuring Stress: Psychological Assessment.

**Developer,
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