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**RUDN University** 

Institute of Medicine
educational division (faculty/institute/academy) as higher education programme developer
COURSE SYLLABUS
Allergology
course title
Recommended by the Didactic Council for the Education Field of: 31.05.01 General Medicine
field of studies / speciality code and title
The course instruction is implemented within the professional education programme of higher education:  General Medicine
higher education programme profile/specialisation title

# 1. COURSE GOAL(s)

The goal of the course "Allergology" is to prepare students to perform the duties of a general practitioner (family doctor) based on the knowledge they have acquired about the etiology, pathogenesis, classification, clinical manifestations, diagnosis and principles of treatment of the most common dermatoses and sexually transmitted infections (STIs).

### 2. REQUIREMENTS FOR THE RESULTS OF MASTERING THE DISCIPLINE

Mastering the discipline "Allergology" is aimed at developing the following competencies in students:

UK-1, OPK-6, PC-1, PC-5, PC-6 (in accordance with Federal State Educational Standard VO 3++ 05/31/01 General Medicine).

Table 2.1. List of competencies formed in students when mastering the discipline (results of mastering the discipline)

Competence	Name of competences	Competency achievement indicators
UC -1	Able to critically analyze problem situations based on a systematic approach and develop an action strategy	UK-1.1. Analyzes scientific and technical literature and regulatory documentation of medical organizations.  UK-1.2. Critically evaluates the reliability of information sources and works with conflicting information from different sources.  UK-1.3. Understands trends, strategic objectives, issues in healthcare. Focuses on the legislative framework to develop strategies.  UK-1.4. Analyzes and evaluates the economic potential, financial stability and risks of the organization.
OPC- 6	Capable of organizing patient care, providing primary health care, ensuring the organization of work and making professional decisions in emergency conditions at the prehospital stage, in emergency situations, epidemics and in areas of mass destruction	OPK-6.1. Knows the algorithm for providing first aid in emergency conditions, including in extreme conditions and areas of mass destruction. OPK-6.2. Able to identify conditions requiring emergency medical care, including clinical signs of sudden cessation of blood circulation and breathing.

	T	T
		OPK-6.3. Able to provide emergency
		medical care to patients in conditions that
		pose a threat to the patients' lives,
		including clinical death (cessation of vital
		functions of the human body (blood
		circulation and (or) respiration).
		PC-1.1. Able to assess the condition of a
		patient requiring urgent or emergency
		medical care.
		PC-1.2. Able to recognize conditions that
		_
		arise from sudden acute diseases,
		exacerbation of chronic diseases without
		obvious signs of a threat to the patient's
		life and requiring emergency medical
		care.
		PC-1.3. Able to provide emergency
		medical care to patients with sudden
		acute diseases, conditions, exacerbation
		of chronic diseases without obvious signs
		of a threat to the patient's life.
	Capable of providing medical care to a	PC-1.4. Able to recognize conditions that
PC - 1	patient in an emergency or emergency	pose a threat to the patient's life,
10-1		including states of clinical death
	manner	
		(cessation of vital functions of the human
		body (blood circulation and/or
		breathing), requiring emergency medical
		care.
		PK-1.5 Is capable of providing
		emergency medical care to patients in
		conditions that pose a threat to the
		patient's life, including clinical death
		(stopping the vital functions of the human
		body (blood circulation and/or
		breathing).
		PC-1.6. Able to use medications and
		medical products when providing
		emergency or emergency medical care.
		PC-5.1. Able to organize and conduct
		medical examinations taking into
		account age, health status, profession in
		accordance with current regulations
		and other documents.
		PC-5.2. Able to organize and control
		the implementation of
		immunoprophylaxis of infectious
		diseases in the adult population in
		accordance with the current procedures
		for the provision of medical care,
		clinical recommendations (treatment
		protocols) on the provision of medical
		care, taking into account the standards
		of medical care.
		PC-5.3. Capable of carrying out
		medical examinations of the adult

detection of chronic non-infectious diseases and the main risk factors for their development in accordance with current regulations and other documents.  PC-5.4. Able to conduct clinical observation of patients with identified chronic non-infectious diseases.  PC-5.5. Able to prescribe preventive measures for prevention and sanitary and hygienic education of the population  PC - 5 measures for prevention and sanitary and hygienic education of the population  PC - 5.6. Able to prescribe preventive measures to patients taking into account risk factors in accordance with the current procedures for the provision of medical care, taking into account the standards of medical care, taking into account the standards of medical care.  PC - 5.6. Able to monitor compliance with preventive measures.  PC - 5.7. Able to determine medical indications for the introduction of restrictive measures (quarantine) and indications for referral to a specialist in the event of infectious (parasitic) diseases.  PC - 5.8. Able to issue and send an emergency notification to the territorial body of the Federal Service for Surveillance on Consumer Rights Protection and Human Welfare when an infectious or occupational disease is detected.  PC - 5.9. Capable of carrying out antiepidemic measures when identifying particularly dangerous (quarantine) infectious diseases.  PC - 5.10. Capable of developing healthy lifestyle programs, including programs to reduce alcohol and tobacco consumption, prevent and combat non-medical use of narcotic drugs and psychotropic substances.  PC - 5.11. Able to draw up a work plan			
PC-6.1. Able to draw up a work plan	PC - 5	monitoring the effectiveness of measures for prevention and promotion of a healthy lifestyle and sanitary and hygienic education of the	documents.  PC-5.4. Able to conduct clinical observation of patients with identified chronic non-infectious diseases.  PC-5.5. Able to prescribe preventive measures to patients taking into account risk factors in accordance with the current procedures for the provision of medical care, clinical recommendations (treatment protocols) on the provision of medical care, taking into account the standards of medical care.  PC-5.6. Able to monitor compliance with preventive measures.  PC-5.7. Able to determine medical indications for the introduction of restrictive measures (quarantine) and indications for referral to a specialist in the event of infectious (parasitic) diseases.  PC-5.8. Able to issue and send an emergency notification to the territorial body of the Federal Service for Surveillance on Consumer Rights Protection and Human Welfare when an infectious or occupational disease is detected.  PC-5.9. Capable of carrying out antiepidemic measures in the event of a source of infection, including quarantine measures when identifying particularly dangerous (quarantine) infectious diseases.  PC-5.10. Capable of developing healthy lifestyle programs, including programs to reduce alcohol and tobacco consumption, prevent and combat non-medical use of narcotic drugs and psychotropic substances.  PC-5.11. Able to evaluate the effectiveness of preventive work with
PC - 6 records and organizing the activities of for a medical (therapeutic) area.	PC - 6	_ = =	PC-6.1. Able to draw up a work plan and report on his work, issue a passport for a medical (therapeutic) area. PC-6.2. Able to analyze morbidity,

characterize the health of the attached
population.
PC-6.3. Able to maintain medical
documentation, including in electronic
form.
PC-6.4. Able to monitor the
performance of official duties by the
local nurse and other medical workers
at his disposal.
PC-6.5. Able to ensure internal control of
the quality and safety of medical
activities within the scope of job duties.

# 3. PLACE OF DISCIPLINE IN THE STRUCTURE OF HE EP

The discipline "Allergology" belongs to the mandatory part of block B1 of the OP HE.

As part of the EP HE, students also master other disciplines and/or practices that contribute to achieving the planned results of mastering the discipline "Allergology".

Table 3.1. List of components of EP HE that contribute to achieving the planned results of mastering the discipline

Code	Name of competency	Previous	Subsequent
Code	Traine of competency	disciplines/modules,	disciplines/modules, practices*
		practices*	disciplines/inodules, practices
UC – 1	Able to critically	Philosophy, Physics,	Hospital therapy,
00-1	analyze problem	Biochemistry, Anatomy,	Endocrinology,
	situations based on a	1	Infectious diseases
		Immunology, Hygiene,	
	systematic approach	Public health and	Phthisiology,
	and develop an action	healthcare, health	
	strategy	economics,	
		Epidemiology,	
		Neurology, medical	
		genetics, neurosurgery,	
		medical elementology	
OPC -	Capable of	Life safety,	Practice: Introductory practice
6	organizing patient	Immunology, General	on obtaining primary
	care, providing	surgery, Topographic	professional skills: nursing
	primary health care,	anatomy and operative	(simulation center),
	ensuring the	surgery, Epidemiology,	Introductory practice on
	organization of work	Faculty therapy,	obtaining primary professional
	and making		skills: nursing, Practice on
	professional		emergency medical procedures
	decisions in		(simulation center),
	emergency conditions		(
	at the prehospital		
	stage, in emergency		
	situations, epidemics		
	and in areas of mass		
	destruction		
	destruction		

PC - 1	Capable of providing medical care to a patient in an emergency or emergency manner	Life safety, Immunology, General surgery, Topographic anatomy and operative surgery, Dermatovenereology, Neurology, medical genetics, neurosurgery, Faculty surgery, Practice: Introductory practice to obtain primary professional skills: nursing (simulation center), Introductory practice to obtain primary professional skills: nursing, Immunology, Epidemiology, Introduction to nutrition.	Hospital therapy, Endocrinology, Polyclinic therapy, Hospital surgery, pediatric surgery, Practice: Practice in emergency medical procedures (simulation center), Surgical practice: surgeon's assistant, Therapeutic doctor's assistant: therapist's assistant, General medical practice: assistant physician in an outpatient clinic
PC - 5	Capable of carrying out and monitoring the effectiveness of measures for prevention and promotion of a healthy lifestyle and sanitary and hygienic education of the population	Immunology, General Surgery, Public Health and Healthcare, Health Economics, Faculty Surgery,	Infectious diseases Phthysiology, Polyclinic therapy, Hospital surgery, pediatric surgery, Obstetrics and gynecology Pediatrics. Practice: Practice: Practice in emergency medical procedures (simulation center), Surgical practice: surgeon's assistant, Therapeutic doctor's assistant: therapist's assistant, General practice: assistant physician in an outpatient clinic
PC- 6	Capable of maintaining medical records and organizing the activities of nursing staff at their disposal	Immunology, General Surgery, Public Health and Healthcare, Health Economics, Faculty Surgery,	Polyclinic therapy, Practice: Practice in emergency medical procedures (simulation center), Surgical practice: surgeon's assistant, Therapeutic doctor's assistant: therapist's assistant, General practice: assistant physician in an outpatient clinic.

# 4. SCOPE OF DISCIPLINE AND TYPES OF STUDY WORK

The total labor intensity of the Allergology discipline is 2 credit units (72 hours).

Table 4.1. Types of educational work by periods of mastering EP HE for full-time education

Type of educational wor	rk	Total, ac.	Semesters
		hours	11
Contact work (ac/hours)		34	34
including			
Lectures (LC)		Laboratory work (LC)	
Practical/seminar sessions (PS)		Independent work (total)	
Preparation for classes:		Independent work on the proposed topics:	34
Control (exam/test with assessment), academic degree.		Total labor intensity of the discipline	38
ak. h.			16
Lectures (LC)		Laboratory work (LW)	16
Practical/seminar sessions (PS)		Independent work (total)	6
Preparation for classes:	Independent work on the proposed topics:	72	72
	Credit units	3	3

## 5. CONTENT OF DISCIPLINE

Table 5.1. Contents of the discipline (module) by type of academic work

Name of the	Contents of the section	Type of academic work*
discipline section		
Section 1.	Topic 1.1. Organization of allergy care and public health issues.	SC, SP
General allergology.	Topic 1.2. Assessing the state of the human immune system.	SC, SP
anergology.	Topic 1.3. General issues of allergology.	SC, SP
	Topic 2.1. Allergic skin diseases.	SC, SP
	Topic 2.2. Bronchial asthma	SC, SP
Section. Particular allergology	Topic 2.3. Allergic rhinitis and rhinoconjunctivitis	SC, SP
anergology	Topic 2.4.Hay fever	SC, SP
	Topic 2.5. Urticaria and angioedema	SC, SP

Topic 2.6. Drug allergies	SC, SP
Topic 2.7. Food allergies	SC, SP
Topic 2.8.Anaphylactic shock	SC, SP

<sup>\* -</sup> must be filled out only for full-time education: LC – lectures; LW – laboratory work; SC – seminar classes.

#### 6. MATERIAL AND TECHNICAL SUPPORT OF DISCIPLINE

Table 6.1. Material and technical support of the discipline

Seminar (rooms	An auditorium for conducting	A set of specialized furniture;
1,2,3)	seminar-type classes, group and	technical means: multimedia
	individual consultations, ongoing	projector EPSONH719B, laptop
	monitoring and intermediate	ASUSLENOVOB50-10, screen.
	certification, equipped with a set of	There is Internet access.
	specialized furniture and technical	
	means for multimedia presentations.	
Computer class	Computer class for conducting classes,	Software: Microsoft products
(room 3)	group and individual consultations,	(OS, office application suite,
	ongoing monitoring and intermediate	including MSOffice/Office 365,
	certification, equipped with personal	Teams, Skype), stands, visual
	computers (3 pcs.), a whiteboard	aids, models of skin diseases.
	(screen) and technical means for	
	multimedia presentations.	
For independent	An auditorium for independent work	
work of students	by students (can be used for seminars	
(room 4)	and consultations), equipped with a set	
	of specialized furniture and computers	
	with access to EIOS.	

# 7. EDUCATIONAL, METHODOLOGICAL AND INFORMATIONAL SUPPORT OF DISCIPLINE.

## a) Basic literature:

- 1. Allergology and immunology: national manual / Edited by R.M. Khaitov, N.I. Ilyina.
- M.: GEOTAR-Media, 2016. 656 p.
- 2. Khaitov R.M. Immunology (textbook). M.: GEOTAR-Media, 2020. 720 p.
- b) Additional literature:
- 1. Kovalchuk L.V., Gankovskaya L.V., Meshkova R.Ya. Immunology (workshop). M.: GEOTAR-Media, 2016. 640 p.
- c) software:
- 1. Atlas of skin diseases.
- d) databases, information, reference and search systems:
- 1. http://www.aids.ru
- 2. http://immunologia.ru/
- 3. https://elibrary.ru/defaultx.asp scientific electronic library, the largest Russian information and analytical portal in the field of science, technology, medicine and education;
- 4. DermIS.net http://www.dermis.net/dermisroot/en/home/index.htm
- 5. DermAtlas.RU http://dermatlas.ru/.
- 6. Dermatology Image Atlas http://dermatlas.med.jhmi.edu/derm/.
- 7. Dermnet.com http://www.dermnet.com.
- 8. Electronic library system of RUDN EBS RUDN http://lib.rudn.ru/MegaPro/Web
- 9. ELS "University Library Online" http://www.biblioclub.ru
- 10. EBS Yuraythttp://www.biblio-online.ru
- 11. EBS "Student Consultant" www.studentlibrary.ru
- 12. EBS "Lan" http://e.lanbook.com/
- 13. EBS "Troitskymost"

Educational and methodological materials for students' independent work when mastering a discipline/module\*:

- \* all educational and methodological materials for students' independent work are posted in accordance with the current procedure on the discipline page in TUIS!
- 8. ASSESSMENT MATERIALS AND POINT-RATING SYSTEM FOR ASSESSING THE LEVEL OF COMPETENCIES FOR A DISCIPLINE

Evaluation materials and a point-rating system\* for assessing the level of development of competencies (part of competencies) based on the results of mastering the discipline "Allergology" are presented in the Appendix to this Work Program of the discipline.

\* - OM and BRS are formed on the basis of the requirements of the relevant local regulatory act of RUDN University.

#### **DEVELOPERS:**

Professor of the Department of Dermatovenerology, allergology and cosmetology

Position

R.A. Khanferyan

Last name, first and middle name

allergology and cosmetology		K.A. Khameryan
Position	Signature	Last name, first and middle name
Head of department		O. V. Zhukova
Position	Signature	Last name, first and middle name
HEAD OF БУП:		
Professor of the Department of Dermatovenerology, allergology and cosmetology		O. V. Zhukova
Name of БУП	Signature	Last name, first and middle name
Head of ОП ВО: First Deputy Director the MI for Academic Affairs		И.В. Радыш

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