Документ подписан простой электронной подписью Информация о владельце: Должность: Ректор Дата подписания: 01.06.2024 12:52:49 Уникальный программный ключ: ca953a0120d891083f939673078ef1a989dae18a

# ФИО: Ястребов Олег Алексан Pederal State Autonomous Educational Institution of Higher Education PEOPLES' FRIENDSHIP UNIVERSITY OF RUSSIA **RUDN University**

#### **Medical Institute**

educational division (faculty/institute/academy) as higher education program developer

## **COURSE SYLLABUS**

#### **Evidence-Based Medicine**

course title

#### **Recommended by the Didactic Council for the Education Field of:**

**31.05.01** General Medicine

field of studies / speciality code and title

The course instruction is implemented within the professional education program of higher education:

#### **General Medicine**

higher education programme profile/specialisation title

## **1. THE GOALS OF MASTERING THE DISCIPLINE**

The discipline "Evidence-Based Medicine" is included in the specialty program "General Medicine" in the direction of 05/31/01 "General Medicine" and is studied in the 7th semester of the 4th year. The discipline is implemented by the Department of Evidence-Based Medicine. The discipline consists of 4 sections and 10 topics and is aimed at studying the principles of evidence-based medicine, the role of evidence-based medicine in the science and practice of modern healthcare, developing skills in searching for medical information, critically assessing clinical studies, their interpretation, assessing the significance and applicability of their results in practice and for sciences.

The goal of mastering the discipline is to train students in the basic principles of diagnosis, prevention and treatment, as well as improving the prognosis of diseases in a doctor's practice from the evidence-based medicine

## 2. REQUIREMENTS to LEARNING OUTCOMES

The mastering of the discipline **«Evidence-Based Medicine»** is aimed at the formation of the following competencies of students:

Table 2.1. The list of competencies formed by students during the development of the<br/>discipline (results of the mastering of the discipline)

Competencies	Competency name	Competence achievement indicators
UK-1	Being able to critically analyze problem situations based on a systematic approach and develop an action strategy	UK-1.1. Analyzes scientific and technical literature and regulatory documentation of medical organizations; UK-1.2 Critically evaluates the reliability of information sources, work with conflicting information from different sources; UK-1.3 Understands trends, strategic objectives, problems in the field of healthcare, improve the legislative framework for developing strategies
UK-2	Being able to manage all phases of project management life cycle	UK-2.1 Knows regulations and standards in the field of healthcare;
GPC-10	Being able to solve standard problems in a work field using information, bibliographic resources, medical and biological terminology, information and communication technologies, taking into account the basic requirements of information security	GPC-10.2. Being able to comply with information security rules in a work field
GPC-11	Being able to prepare	GPC-11.1. Being able to prepare scientific, research

		1
	and apply scientific, research and production, design, organizational, management and regulatory documentation in the healthcare system	and production, design, organizational, managerial and regulatory documentation in accordance with the direction of professional activity and the current requirements for their preparation; GPC-11.2. Being able to apply medical terminology, scientific, research and production, design, organizational, managerial and regulatory documentation within the framework of their work
PC-2	Being able to examine a patient to establish a diagnosis	<ul> <li>PC-2.3 Being able to refer a patient for laboratory examination in case of medical indications in accordance with the current procedures for the provision of medical care, clinical guidelines (treatment protocols) on the provision of medical care, taking into account the standards of medical care;</li> <li>PC-2.4 Being able to refer the patient for an instrumental examination if there are medical indications in accordance with the current procedures for the provision of medical care, clinical guidelines (treatment protocols) on the provision of medical care;</li> </ul>

# 3. THE COURSE IN THE HIGHER EDUCATION PROGRAMME STRUCTURE

The course «Evidence-Based Medicine» refers to the Compulsory Disciplines of block B1 of the EP HE.

Within the framework of the Educational Program, students also master other disciplines and/or practices that contribute to expected learning outcomes of the course «Evidence-Based Medicine».

Code of competence	Name of competence	Preceding disciplines	Subsequent disciplines
	Professional	competences	
UK-2	Being able to manage all phases of project management life cycle	Public health and healthcare, health economics;	Fundamentals of health law;
UK-1	Being able to critically analyze problem situations based on a systematic approach and define the solution	Philosophy; Hygiene; Public health and healthcare, health economics; Mathematics;	Clinical pharmacology;

Table 3.1. List of Higher Education Program disciplines that contribute to expected learning outcomes

Propaedeutics of	
internal diseases:	
Chemistry:	
Medical information:	
Disercenie	
Bioorganic	
chemistry;	
Physics;	
History of Medicine;	
Economy**;	
GPC-10 Being able to solve Biostatistics; Medical Anesthesiolog	gy,
standard problems in informatics; intensive car	e;
a work field using Technologies and Telemedicin	e;
information, practice of Modern method	ds of
bibliographic programming in medical statist	ics:
resources, medical Python for Data analysis	and
and biological humanities: visualization	1:
terminology Fundamentals	, of
information and scientific rese	arch
a communication work:	ucn
technologies taking	
inte account the basis	
into account the basic	
requirements of	
information security	
GPC-11 Being able to prepare Public health and Fundamentals	s of
and apply scientific, healthcare, health scientific resea	arch
research and economics; Hygiene; work, forens	ic
production, design, Latin language; medicine	
organizational, Anatomy;	
management and	
regulatory	
documentation in the	
healthcare system	
PC-2 Being able to General surgery: Surgical pract	ice:
examine a patient to Propaedeutics of assistant surge	eon:
establish a diagnosis internal diseases. Assistant physic	ian of
Medical a therapeutic pr	ofile
enzymology**:	an of
Microbiology , assistant physica	ionor
virology, a general practic	
Vitology, General medi	
Immunology; practice: assis	lant
Molecular genetics in physician in	an
practical biology and outpatient clin	nic;
medicine**; Obstetrics ar	nd
	ation
Radiation gynecology pra-	cuce.
Radiation     gynecology pra- diagnostics;       assistant obstetr	ician;
Radiationgynecology pra- diagnostics;Pathophysiology,Obstetrics ar	ician; id
Radiationgynecology pra diagnostics;Pathophysiology, clinicalObstetrics ar gynecology pra	ician; id ctice:
Radiationgynecology pra- diagnostics;assistant obstetrPathophysiology,Clinicalpathophysiology;assistant	ician; id ctice:
Radiationgynecology pra- diagnostics;Adiationgynecology pra- diagnostics;Pathophysiology,Obstetrics an clinicalPathophysiology;assistant gynecology pra- assistantPathophysiology;assistant gynecologist; Ge	ician; nd ctice:
Radiationgynecology pra- diagnostics;assistant obstetrPathophysiology,Clinicalpathophysiology;assistantPathologicalgynecologist; Ge anatomy, clinical	ician; nd ctice: eneral utric
Radiationgynecology pra- diagnostics;assistant obstetrPathophysiology,Obstetrics ar clinicalpathophysiology;assistantpathophysiology;assistantPathologicalgynecologist; Ge anatomy, clinicalpathologicalpathologicalpathologicalassistant:	ician; nd ctice: eneral utric

elementology;	genetics,
	neurosurgery;
	Ophthalmology:
	Faculty of Surgery:
	Occupational
	diseases: Hospital
	therapy:
	Endocrinology:
	Outpatient therapy:
	Hospital surgery.
	pediatric surgery;
	Pediatrics;
	Obstetrics and
	gynecology;
	Anesthesiology,
	resuscitation,
	intensive care;
	Oncology, radiation
	therapy;
	Otorhinolaryngology;
	Reproductive health;
	Traumatology,
	orthopedics; Faculty
	Therapy;
	Maxillofacial
	Surgery; General
	medical skills;
	Emergency
	conditions; Urology;
	Infectious diseases;
	Psychiatry, medical
	psychology;
	Allergology;
	Phthisiology;
	Endoscopic urology;
	l'elemedicine;
	Current issues in
	current issues in
	Topical Issues of
	Neonatology**
	Cardiology in questo:
	Molecular genetic
	methode
	Microbiological
	diagnostic methode
	Sectional course
	Sectional course;

# 4. THE DISCIPLINE WORKLOAD AND ACADEMIC ACTIVITIES

The total workload of the discipline «Evidence-Based Medicine» is equal to  ${\bf 2}$  credits.

Type of education	Type of educational work		Semester
			7
Contact classes	(total)	36	36
Lectures		0	0
Laboratory work (LW)		36	36
Practical classes		0	0
Independent work (total)		30	30
Control (exam/test)		6	6
Total study load	ac.hrs.	72	72
	ac.cred.	2	2

Table 4.1. Types of academic activities during the period of the HE program mastering

## 5. THE COURSE MODULES AND CONTENTS

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1000 5.1. 100	conicni o		pune ana	iypes of	ucuucmic	

Modules	Name of topic	Content of the topics	Type of academic activities
Module 1	The role of evidence- based medicine in modern healthcare.	<ul> <li>1.1 The concept of evidence-based medicine:</li> <li>background, history of the development of evidence-based medicine.</li> <li>1.2 From evidence-based medicine to evidence-based healthcare.</li> </ul>	LW
Module 2	Research, analysis and summarization of scientific evidence.	<ul> <li>2.1 Finding information about medical technologies.</li> <li>Formulation of a question to search for scientific evidence.</li> <li>2.2 Sources of information on evidence-based medicine. The search for evidence to solve a clinical problem.</li> <li>Stages of the search for an answer.</li> </ul>	LW
Module 3	Diagnostic tests and screening	3.1 Reliability of the diagnostic test. «The gold standard» and the informativity	LW

		of the clinical test.	
Module 4	Evaluation of various methods of treatment and prevention from the standpoint of evidence-based medicine.	<ul> <li>4.1 Basic standards of clinical trials.</li> <li>Principles of Good Clinical Practice (GCP)</li> <li>4.2 Systematic review is the top of the evidence hierarchy.</li> <li>4.3 Analysis of the clinical solution.</li> <li>4.4 Clinical recommendations.</li> </ul>	LW

6.	CLASSROOM	EQUIPMENT	AND	TECHNOLOGY	SUPPORT
REC	UIREMENT				

Audience type	Audience equipment	Specialized
		educational/laboratory
		equipment, software and
		materials for mastering
		the discipline
		(if necessary)
Laboratory	An audience for	Projector, screen, laptop,
	conducting laboratory	system for interactive
	work, individual	voting and quiz
	consultations, ongoing	Turning technologies
	monitoring and	
	intermediate certification,	
	provided with a set of	
	specialized furniture and	
	equipment.	
For independent work	An audience for	
	independent work of	
	students (can be used for	
	seminars and	
	consultations), equipped	
	with a set of specialized	
	furniture and computers	
	with access to EIOS.	

## **7. RECOMMENDED SOURSES for COURSE STUDIES**

a) Main textbooks:

1. Tricia Greenhalgh: Fundamentals of evidence-based medicine / ed. V.V. Vlasov. 5th ed., revised. and additional - Moscow: GEOTAR-Media, 2022. - 323 p.

2. Clinical pharmacology and pharmacotherapy: textbook / ed. V.G. Kukesa, A.K. Starodubtseva, E.V. Shih. - 4th ed., processed and additional - Moscow: GEOTAR-Media, 2021. 880 p.

https://lib.rudn.ru:443/MegaPro/UserEntry?Action=Link\_FindDoc&id=508191&idb=0

b) Additional literature:

1.1. Analysis of data from radiation research methods based on the principles of evidence-based medicine: textbook / A.Yu. Vasiliev, A.Yu. Maly, N.S. Serov. - Electronic text data. - Moscow: GEOTAR-Media, 2008.

https://lib.rudn.ru:443/MegaPro/UserEntry?Action=Link FindDoc&id=508839&idb=0

2.2. Cardiovascular diseases: monograph / V.N. Larina, E.V. Kudina, V.G. Larin [etc.]; edited by V.N. Larina. - Electronic text data. - Moscow: GEOTAR-Media, 2022. - 192 p. https://lib.rudn.ru:443/MegaPro/UserEntry?Action=Link\_FindDoc&id=508317&idb=0

3.3. Talantov Petr Valentinovich. Evidence-based medicine: from magic to the search for immortality / P.V. Talents. - Moscow: AST: CORPUS, 2020. - 557 p.

4.4. Fundamentals of evidence-based medicine: A textbook for the system of postgraduate and additional professional medical education/ M.G. Bubnova, E.K. Butina, V.A. Vygodin [and others]. - MOSCOW: Silicea-Poligraf LLC, 2010.-135 p.;

- 5. Heart failure: current issues of diagnosis, treatment and prevention from the standpoint of evidence-based medicine: a textbook for universities / V. N. Larina [et al.]; edited by V. N. Larina. — 2nd ed. - Moscow: Yurayt Publishing House, 2022. - 289 p. - (Higher education). — ISBN 978-5-534-14930-2. — Text: electronic // Educational platform Urayt [website]. — URL: https://urait.ru/bcode/497227

- Evidence-based medicine: textbook / Petrov V.I., Nedogoda S.V. - Moscow: GEOTAR-Media, 2012. - 144 p.

https://lib.rudn.ru:443/MegaPro/UserEntry?Action=Link\_FindDoc&id=508841&idb=0

Information resources of telecommunications network "Internet":

1. ELS of RUDN University and third-party ELS, to which university students have access based on concluded agreements

- Electronic library system of RUDN

- ELS RUDN http://lib.rudn.ru/MegaPro/Web
- ELS "University Library Online" http://www.biblioclub.ru
- ELS Urait http://www.biblio-online.ru

- ELS "Student Consultant" www.studentlibrary.ru

- ELS "Trinity Bridge"

2. Databases and search engines

- electronic fund of legal and regulatory technical documentation http://docs.cntd.ru/

- Yandex search engine https://www.yandex.ru/

- Google search engine https://www.google.ru/

- SCOPUS abstract database http://www.elsevierscience.ru/products/scopus/

Educational and methodological materials for students' independent work when mastering a discipline/module\*:

1. A course of lectures on the discipline "Evidence-Based Medicine".

- 1. Laboratory workshop on the discipline "Evidence-Based Medicine"

- 2. Materials for independent work of students (exemplary clinical guidelines, presentations)

\* - all educational and methodological materials for independent work of students are posted in accordance with the current procedure on the discipline page <u>in TUIS</u>!

## 8. EVALUATION TOOLKIT AND GRADE SYSTEM FOR ASSESSMENT

Evaluation Toolkit (ET) and a point-rating system (PRS)\* for assessment the level of competence formation (part of competencies) based on the results of mastering the discipline «Evidence-based medicine» are presented in the Appendix to this Work Program of the discipline.

 $\ast$  -  $\bar{\text{ET}}$  and PRS are formed on the basis of the requirements of the relevant local regulatory act of the RUDN

#### **DEVELOPERS:**

Acting HEAD of the Department	
of Evidence-Based Medicine	G.V. Pogosova

HEAD of the Higher Education Program

N.V. Sturov